

INSTRUCTIONS FOR USE

Overdoor exercise pulley

Product code: PullTIM



1.Characteristic

Overdoor exercise pulley is made of a "V" shaped steel arm. Thanks to the overdoor bracket, the arm can be fixed on doors of different thickness. The device is equipped with 2 handles connected by a string, which, thanks to a system of pulleys, allow rehabilitation exercises of the upper limbs and upper torso.

The set includes:

- Overdoor bracket - 1 pcs
- V-wire arm - 1 pcs
- Pulleys - 2 pcs
- Handles - 2 pcs
- String - 1 pcs

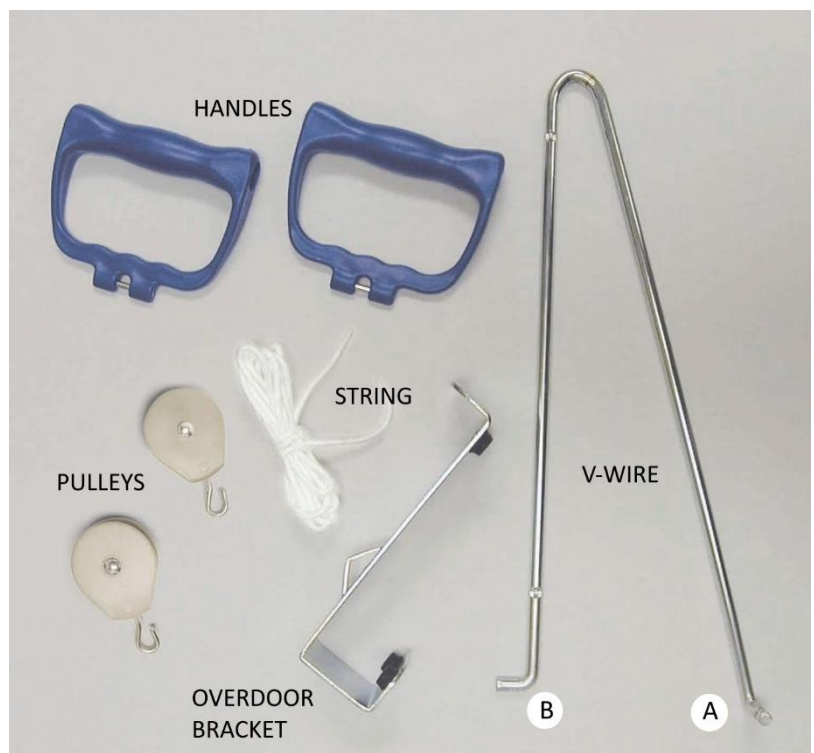


Fig. 1

2. Application

The pulley is used to exercise and rehabilitate the upper limbs, shoulder rim and upper torso.

Indications for use:

- Restoration of range of motion in the joints of the upper limbs.

- Contracture or muscular atrophy caused by long-term stiffening (plaster bandage or surgery).
- Restoration of motor function and reconstruction of normal movement pattern (neurological problems).

3. Assembly & adjustment

- Slide the first pulley onto the V-wire arm with at A side (Fig. 1) and slide to the locking point.
- Slide the second pulley onto the "V" arm with at B side (Fig. 1) and slide to the locking point.
- Fix the V-wire arm on the overdoor bracket:
 - insert the A end of the V-wire into notch "A" in the overdoor bracket (Fig. 2),
 - insert the B end of the "V" arm into the notch "B" in the overdoor bracket (Fig. 2).
- Hang the device on the door with the overdoor bracket.
- Pull the string through both pulleys.
- Pull the ends of the string through the center holes in the handles and tie them tightly at the appropriate height.

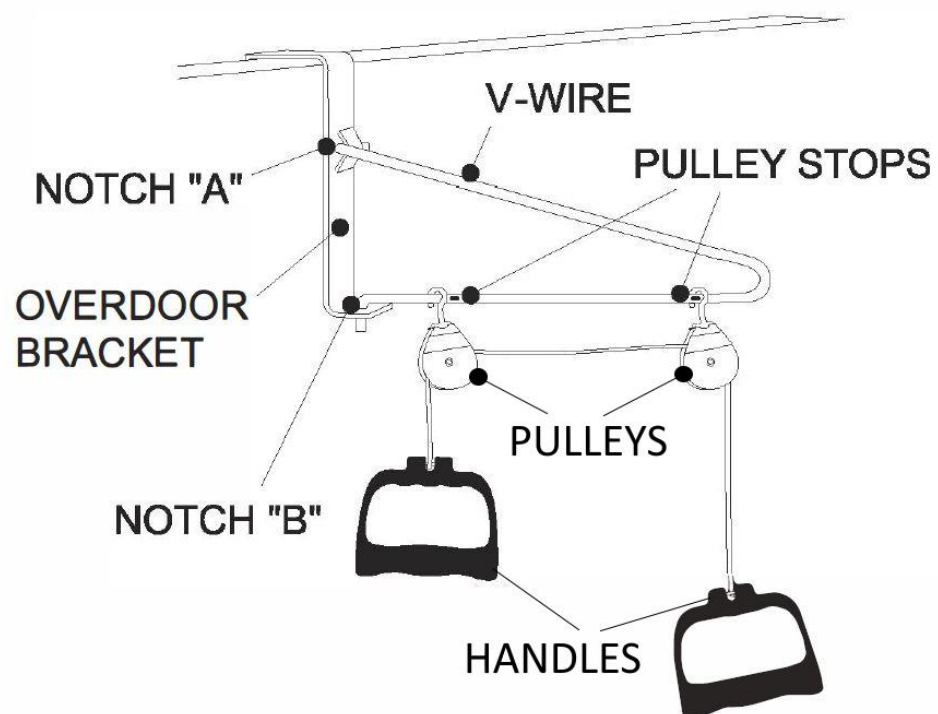


Fig. 2

NOTE: The device can be used optionally with one handle and a small weight attached to the opposite end of the string.

CAUTION: People with severe disabilities or those who are unable to move independently should not use this product without third-party assistance.

NOTE: Inspect the device before use and make sure all parts are secure and the string shows no signs of excessive wear.

4. Technical data

Weight	0,68 kg
Max pulley load	5 kg
Door width	3,50 - 4,15 cm

5. Notes

Timago International Group does not bear responsibility of improper use of the device, failure to comply safety regulations and misuse.

6. Maintenance

It is necessary to systematically carry out self-inspection of the technical condition of the device:

- Regular cleaning with a soft cloth and soapy water is recommended. After cleaning the device, dry it with a soft cloth,
- Do not use strong detergents for cleaning,
- Do not use harsh polishing agents, as this risks damaging the protective coatings.

7. Storage and transport conditions

Device should not be exposed to direct sunlight, water or moisture.

8. Warranty information

All products distributed by our company are covered by a warranty, the terms of which are described in the warranty card available on our website. Please contact the retailer from whom you purchased the product. Please, keep in mind that for warranty purposes, the proof of purchase (receipt or invoice) should be retained

9. Labels

	Reference number		Manufacturer
	LOT number		Manufacture date
	Serial number		Medical device
	Note		Please read the instruction
	The manufacturer checked for compliance with essential medical devices requirements.		



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